

# Montessori Peaks May 2019 – Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Vanilla Yogurt Honey Granola 100% Juice Sliced Peaches	2 Cheerios 100% Juice Pineapple	3 Banana Bread Muffin String Cheese Applesauce, Craisins
6 English Muffin, Jam Craisins Whole Apple	7 Pancakes, Syrup 100% Juice Whole Orange	8 Gingerbread 100% Juice Sliced Peaches	9 Apple Craisin Muffin 100% Juice Pineapple	10 Zucchini Bread Muffin String Cheese Applesauce, Craisins
13 Golden Grahams Craisins Whole Apple	14 Chicken Sausage Biscuit 100% Juice Whole Orange	15 Blueberry Muffin 100% Juice Sliced Peaches	16 Waffles, Syrup 100% Juice Pineapple	17 Pumpkin Bread Muffin String Cheese Applesauce, Craisins
20 Cinnamon Raisin Bagel Cream Cheese Craisins Whole Apple	21 French Toast, Syrup 100% Juice Whole Orange	22 Vanilla Yogurt Honey Granola 100% Juice Sliced Peaches	23 Cheerios 100% Juice Pineapple	24 Banana Bread Muffin String Cheese Applesauce, Craisins

*\*This institution is an equal opportunity provider and employer. \*\*All meals are served with a choice of 1% or skim white milk. \*\*\* All grains served are whole grains.*

Breakfast is ONLY available for student grades 1<sup>st</sup> – 6<sup>th</sup>. Circle each day snack is wanted, complete information below and return to the front office with payment.

Student Name: \_\_\_\_\_ Classroom: \_\_\_\_\_

# Breakfast \_\_\_\_\_ X \$2.00 = \_\_\_\_\_

# Breakfast \_\_\_\_\_ X (Reduced Eligible) = No Cost

**DUE DATE FRIDAY, APRIL 12 - Checks Payable to: MPA**

# Montessori Peaks May 2019 - Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Seasoned Beef Chili Homemade Cornbread Fresh Grapes Baked Potato	Chicken Mac N Cheese Seasonal Fruit Broccoli, Ranch Dip	Chicken Nuggets Savory Biscuit BBQ Sauce Fresh Whole Orange Baked Beans
6	7	8	9	10
Cheese Lasagna Roll Up In Marinara Sauce Applesauce Steamed Mixed Veggies	Grilled Hamburger Wheat Bun, Ketchup Seasonal Fruit Baked Beans	Breakfast Burrito Scrambled Eggs Cheddar Cheese, Salsa Melon Wedge Hash Browns	Spicy Chicken & Rice Soup Savory Biscuit Seasonal Fruit Carrot Bites, Ranch Dip	Teriyaki Chicken Steamed Brown Rice Whole Banana Romaine Salad Asian Sesame Dressing
13	14	15	16	17
Chicken Soft Tacos Cheddar Cheese Tortilla, Salsa Pineapple Pinto Beans	Turkey Pepperoni Pizza Roll-Ups Marinara Dipping Sauce Seasonal Fruit Celery Sticks, Ranch Dip	WW Penne Beef Meat Sauce Sliced Peaches Broccoli, Ranch Dip	Beef Sloppy Joe Wheat Bun Seasonal Fruit Steamed Corn	Grilled Cheese Sliced Pears Tomato Soup
20	21	22	23	24
Red Chicken Tamales Salsa Sliced Peaches Black Beans	Turkey Hot Dog Wheat Bun, Ketchup Seasonal Fruit Carrot Bites, Ranch Dip	Creamy Swedish Meatballs Buttered Noodles Blueberries Broccoli, Ranch Dip	Chicken Patty Sandwich Wheat Bun, BBQ Sauce Seasonal Fruit Steamed Corn	No Lunch- Early Dismissal Last Day of School

*\*This institution is an equal opportunity provider and employer. \*\*All meals are served with a choice of 1% or skim white milk. \*\*\* All grains served are whole grains.*

Lunch is **ONLY** available for student grades K – 6<sup>th</sup>. Circle each day lunch is wanted, complete information below and return to the front office with payment.

Student Name: \_\_\_\_\_ Classroom: \_\_\_\_\_

# Lunch \_\_\_\_\_ X \$3.50 = \_\_\_\_\_

# Lunch \_\_\_\_\_ X (Reduced Eligible) = No Cost

**DUE DATE FRIDAY, APRIL 12 - Checks Payable to: MPA**