



Chef Mikey Presents

My Kid's Lunch

November Breakfast Menu 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheerios 100% Juice Pineapple	2 Banana Bread Muffin String Cheese Applesauce, Craisins
5 No School Staff Inservice	6 WG English Muffin Jam Craisins Whole Apple	7 Gingerbread 100% Juice Sliced Peaches	8 Apple Craisin Muffin 100% Juice Pineapple	9 Zucchini Bread Muffin String Cheese Applesauce, Craisins
12 Golden Grahams Craisins Whole Apple	13 Chicken Sausage Biscuit 100% Juice Whole Orange	14 Blueberry Muffin 100% Juice Sliced Peaches	15 Waffles, Syrup 100% Juice Pineapple	16 Pumpkin Bread Muffin String Cheese Applesauce, Craisins
19 No School – Thanksgiving Break	20 No School– Thanksgiving Break	21 No School – Thanksgiving Break	22 No School– Thanksgiving Break	23 No School– Thanksgiving Break
26 Cheerios Craisins Applesauce	27 Pancakes, Syrup 100% Juice Whole Orange	28 Gingerbread 100% Juice Sliced Peaches	29 Apple Craisin Muffin 100% Juice Pineapple	30 Zucchini Bread Muffin String Cheese Applesauce, Craisins

This institution is an equal opportunity provider and employer. **All meals are served with a choice of 1% or skim white milk. * All grains served are whole grains.*

Snack is ONLY available for student grades 1st – 6th. Circle each day snack is wanted, complete information below and return to the front office with payment.

Student Name: _____ Classroom: _____

Snacks _____ X \$2.00 = _____

Snacks _____ X (Reduced Eligible) = No Cost

DUE DATE THURSDAY, OCTOBER 18TH - Checks Payable to: MPA



Chef Mikey Presents

My Kid's Lunch

November Lunch Menu 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Spicy Chicken & Rice Soup Savory Biscuit Seasonal Fruit Carrot Bites, Ranch Dip	2 Teriyaki Chicken Steamed Brown Rice Whole Banana Romaine Salad Asian Sesame Dressing
5 No School Staff Inservice	6 Turkey Pepperoni Pizza Roll-Ups Marinara Dipping Sauce Seasonal Fruit Celery Sticks, Ranch Dip	7 WW Penne Beef Meat Sauce Sliced Peaches Broccoli, Ranch Dip	8 Beef Sloppy Joe Wheat Bun Seasonal Fruit Steamed Corn	9 Grilled Cheese Sliced Pears Tomato Soup
12 Red Chicken Tamales Salsa Sliced Peaches Black Beans	13 Turkey Hot Dog Wheat Bun, Ketchup Seasonal Fruit Carrot Bites, Ranch Dip	14 Creamy Swedish Meatballs Buttered Noodles Blueberries Broccoli, Ranch Dip	15 Chicken Patty Sandwich Wheat Bun, BBQ Sauce Seasonal Fruit Steamed Corn	16 Southwest White Chicken Chili Homemade Cornbread Pineapple Baked Sweet Potatoes
19 No School – Thanksgiving Break	20 No School– Thanksgiving Break	21 No School – Thanksgiving Break	22 No School– Thanksgiving Break	23 No School– Thanksgiving Break
26 Meatball Sub Marinara Sauce Hoagie Roll Pineapple Carrot Bites, Ranch Dip	27 Breadstick Dippers w/Turkey Pepperoni Marinara Dipping Sauce Seasonal Fruit Cucumber Salad	28 Seasoned Beef Chili Homemade Cornbread Applesauce Baked Potato	29 Chicken Mac N Cheese Seasonal Fruit Broccoli, Ranch Dip	30 Chicken Nuggets Savory Biscuit BBQ Sauce Fresh Whole Orange Baked Beans

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Lunch is ONLY available for student grades K – 6th. Circle each day lunch is wanted, complete information below and return to the front office with payment.

Student Name: _____ Classroom: _____

Lunch _____ X \$3.50 = _____

Snacks _____ X (Reduced Eligible) = No Cost

DUE DATE THURSDAY, OCTOBER 18TH - Checks Payable to: MPA